## Special points of interest:

- Current Youth Council Members 12
- Youth Club Registered Members 98
- Regularly attending= 24

"I want to learn more about what is going on in the world and how different issues affect young people"

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# Baildon Youth Council

Volume I, Issue 2

January 2018

Youth Council Members approach Titus Salts School staff to support Anti-Bullying week and promote continued awareness through Anti-Bullying activities and badges.





chool students fed back that they felt more confident to talk to teachers when they were actively promoting awareness around bullying, for example when the staff were wearing the t-shirts for anti-bullying week. Expanding on this idea, the youth council came up with the proposal that the teachers would wear "No BULLIES Here" Badges all year round

which would continue to highlight the issue and show supporting approach.

### Baildon Youth Survey Current Results (132)

1 BULLYING HEALTHY RELATIONSHIP SH AND LGBT

3 ANTI-SOCIAL BEHAVIOUR, DRUGS AND ALCOHOL 4 EXAMS, CAREER AND MENTAL HEALTH

#### **Baildon Youth Council**

#### Page 2

"The youth club is great fun, you get to do lots of fun free activities and learn new things" Hannah (13)

#### Youth Club



As well as providing young people with a place to go and things to do in Baildon and encouraging to support their own community, we feel it's important for the young people to understand the whole world around them.

Therefore we plan a variety of activities that are essential in creating and promoting mutual understanding across racial, cultural, religious, political and geographical divides. This ranges from health awareness activities (see below) to group challenges, to Black History month quizzes, to "World Food Taste Challenge" as seen in the picture on the left.

**Session Plans and Personal Development** 



#### <u>MOVEMBER FOUNDATION</u>

"Men are facing a health crisis that isn't being talked about. They are dying too young, before their time. We're taking action and we need your help."

Supporting Movember meant raising awareness about Men's Health within the whole youth group. Delivering the information now so they can take the information and advice they learn with them into the future. Although the youth group members were too young to grow their own moustaches yet, they were able to WIN themselves a moustache by correctly answering questions relating to Men's Health, followed by a 'silly' group photo.

#### Youth Issues 2– LGBT

- Healthy and Unhealthy
   Relationships Activity in session
- LGBT Definitions Activity
- Visit and training with local LGBT Youth Group– BLAGY
- Internet Safety Training with PC
   Luke Carson
- Meet up with LBGT support group in Salts School and deliver
  - awareness raising activity.
- Plan and deliver training around relationships and LGBT to parents and other community members.

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#### Volume I, Issue 2

#### Community Events and Fundraising- Youth Council Members support Baildon at Christmas





BYC sold over 100 programmes for Baildon at Christmas, through attending the Farmers Market and Baildon Light Switch On. They also supported the Baildon at Christmas Fayre on Sunday 3rd December by organising the stalls in lan Clough Hall. Their jobs included: front of house to welcome people in, helping them find and set u their stalls. Continuing to provide support and help throughout the event for stall holders and events goers. They also ran their own stall selling Christmas Crafts that they had made to raise money for other projects in Baildon.



Fundraising Baildon	20
Fundraising Summer Bash	20
Fundraising Tour De	76.54
Fundraising Saltaire Festival	39.6
Xmas Crafts Fayre	25.51
Anti-Bullying	51.55

#### **Christmas Party**

After all their hard working over the last couple of Months, Baildon Youth Council blew off some steam, playing games, listening to music and eating some delicious food at they're mini Christmas Party.





#### **External Partnership Working**

Baildon Youth Partnership had their first meeting on: Wednesday 22nd November 2017

Led by the young people, theattendees engaged in group discussions around the 4 issues voted for by the young people of Baildon and came up with the following plan:

I.) Further partnership meeting hosted by Richard Forster Deputy Head took place on Wednesday I7th January at Titus Salts School, some of those in attendance were Shipley and Baildon Ward Officers, Police, Youth Service, Roberts Park Manager, Salts Staff and Dave from "Litter Free Baildon". We discussed current projects and how we can work together better. One of the main topics brought up was Anti-social Behaviour but it was felt by most attendees that the School was dealing with it very efficiently around School times but there was going to be a follow up information sharing meeting to target specific individuals involved in ASB in Shipley town centre near Library. The School also have some funding to do some "raising aspirations" work which the Youth Service are going to support them on and the Youth Council are going to help "Litter Free Baildon" on some of their volunteer litter picking days.

2.) Youth groups across Baildon are going to contribute to putting an information page of Youth Services together for young people and hopefully have it put in the back of Titus Salts School planners, Laura is going to follow this up by visiting the youth groups across Baildon.

3.) Continue to share information around Bullying and Anti-social behavior, so that the Youth Partnership can tackle it

#### £233.21

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#### Page 4

#### **Baildon Youth Council**

#### **National Obesity Awareness**

# Why is obesity an issue?





#### Ice-breaker- 10 min Exercise

- Eat Well Plate
- Quiz/ Word Search
- Sugar Demonstration
- New Year's Resolution

#### **Engage Project- Self Care**

The Engaging People Project aims to reach out, connect and build relationships with individuals, groups and communities across Bradford, Airedale Wharfdale and Craven so that they may become more confident and involved in putting across their views, thoughts and opinions about what their health care needs are. Baildon young people were very well informed when it comes to self care and what it means. They are clear about how they should look after themselves and generally the young people felt that they were measured in the choices they make that may have an impact on their health and they don't believe they do anything in excess that would be detrimental to their health. They told us how self care messages can be improved to make them more engaging for young people by making it fun, accessible through their phones via apps, competitive so if they were undertaking challenges in bigger groups where that can compete in teams for example and they also told us to shy away from the gory details about why certain things are bad for them...The Shock Factor is something they felt would be helpful.

#### International Women's Days







A high BMI... • is costly to health and social

Is core, care
has wider economic and societal impacts

#### LAURA SEWELL

YOUTH AND COMMUNITY WORKER

Hale Project Phone: 07507763597 Laura.sewell@haleproject.org.uk

#### **DEBRA PETERS**

YOUTH WORKER BRADFORD YOUTH SERVICE

Here for YOUth "Youth Councils are a popular and effective way to get more youth involved in solving local problems and more actively engaged in the community"

Baildon Youth Council is a group of young people aged 11 + who meet twice a week to discuss the issues our community is facing and ways we can help to support and improve our community.

Monday 7-9pm @ Ian Clough Hall

Wednesday 6- 7:30pm Baildon Community Link

We represent the views of young people in Baildon as well as provide opportunities for young people to help others in their communities.

For more information on any issues raised or for more information please contact Laura Sewell or see links below:

#### http://www.bullying.co.uk/bullying-at-school/

ChildLine in confidence on 0800 1111

https://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/ bullying-and-cyberbullying/bullying-cyberbullying-statistics/

https://www.carersresource.org/about-us/

http://www.stonewall.org.uk/- LGBT

http://www.mesmac.co.uk/- LGBT

https://www.fpa.org.uk/- Sexual Health

https://www.barnardos.org.uk/

http://bradfordscb.org.uk/?page\_id=67- CSE

#### **Future Plans**

- Continue to run youth drop in at Salts School, working with pastoral support tutors delivering awareness raising activities around youth issues.
- Continue to promote Baildon Youth Council and have a positive presence across Baildon to encourage more members to join.
- Delivering LGBT activities.
- Two social action days funded by #iWill campaign, to take place this year to tackle Anti-Social Behaviour in the Summer as part of the Youth Partnership and a after-noon party to celebrate older people's day in October and reduce isolation in Baildon.
- Complete ASDAN Award in peer mentoring and volunteering to evidence and recognize the skills and activities the young people have achieved.
- Fundraising activities including; Bag Pack, Sponsored Activity and Fun Day.
- Continue detached work but will be concentrating on anti-social behavior in summer quarter.
  - Support Baildon Community Groups including: Litter Free Baildon, Baildon Open Gardens and

